Year 5 & 6 PUBERTY & RELATIONSHIP ED 2017



Date: Monday 21st August & 28th August, 2017

Time: 60 minute workshop

Cost: \$21.00 Venue: Incursion

PAYMENT DUE: Monday 31st July, 2017 via Qkr please

(no late payments will be accepted after the due date unless prior arrangements

are made via the school office)

Puberty and Relationship Education

Dear Parents and Caregivers,

Puberty is a challenging time for adolescents and those around them. Understanding the physical changes our bodies undertake (whether we're ready or not!) and the impact these changes have on our ability to interact with others is essential.

On Monday 21st August and 28th August we have Kate Wilde from 'The Workshop' coming to deliver educational sessions on the physical, social and emotional changes of puberty to all Grade 5 and Grade 6 students. Kate works in a range of primary and secondary schools across Victoria to deliver education on a range of topics associated with social and emotional learning.

The program will involve two lessons, with students in gender specific groups. The sessions will be about puberty and relationships and are not considered "sex education," as sex education is generally delivered in year 7 at secondary school. Educating our students about how their bodies are changing and accompanying issues of adolescence such as peer pressure and body image is the primary focus of the sessions.

If you have any guestions please feel free to contact Kellie, Andrew or Kent.

There will be a Parent/Carer evening Tuesday 29th August from 7.00 – 8pm. Kate will answer any of your questions regarding the sessions.

Kind Regards,

The Grade 5/6 Team

If your child will not be attending please email your teacher or the.patch.ps@edumail.vic.gov.au Thank you.

